## What is your New Year plan?

Many start making plans and setting goals at the beginning of a new year. Whether the goals are to be a better parent, leader, to save money or study the Bible, structure will help you meet your goals. For those of you who use fasting as part of your plan, we have provided some ideas for you. While visiting our website at www.DanielEvans.org you will find FREE resources to help with a bible study plan, life and leadership nuggets for personal growth and much information concerning fasting. Review the information below to help with your plans and goal setting.

## **Fasting Plans:**



This book leads you through the development of 12 leadership qualities. It also provides you a system to measure up for producing measurable results. The book's entire process will also help you identify potential and tap into it.

1-Day

3-Day



This guide systematically takes you through a 3-day fast with many practical helps to assist you in developing your inner you. Learn which biblical characters were partakers of a 3-day fast.













21-Day













These 21-day guides systematically takes you through a fast with many practical helps to assist you in developing a Daniel like character. The scripture for the monthly guides are uniquely compiled to help you memorize your favorite passages by using each day of the fast.



This guide systematically takes you through a 40-day fast with many practical helps to assist you in developing your inner you. The book divides the days of the fast into five sections. The days in each section contains scripture to maintain your focus by referencing the section topic.

40-Day

## **Bible Study Plans:**

The website at www.DanielEvans.org has two plans for each day of the year. On the Home Page click on the 'What Else?' tab at the top. Then click on the Non-Profit tab and then the Bible Study Center tab.

**First Plan** – God's Promises for Every Day

**Second Plan** – Read the Bible in One Year