



How to Measure Up

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What is Measuring Up?

Measuring up is a process that helps us monitor and adjust action necessary to achieve goals and reach success. We should not measure ourselves in comparison with others. Conditions, training, talents, mentors and individual interests may be different in all of us. The proper process is to find out what others have done and follow those steps while incorporating yourself into it to include your training, talents, and so on. Only by being intentional with this process can you monitor and measure your success.

Who should we measure up to?

Your mentors should be those who challenge you to achieve better and more for yourself and others. The challenges may be from mutually set expectations or from your own personal admiration of what they have accomplished. It could be both, because mentors are usually those we enquire information from and are then willing to follow it. There are always two sides to the fence – the good and bad and the right and wrong. The good and right thing to do is choose mentors that set a good example and have great accomplishments of adding value to others.

What is a good process for measuring up?

In respect of our mentors, how do we measure up to them? Always remember, when we try to be like someone else we tend to overlook our own potential and talents. We miss the mark by trying to take this route and exhaust a lot of time we will never regain. There are two things to know if you desire to measure up. First what are you measuring? Secondly, what process will be used for measuring?